



# BOW DOWN

## WHAT ARE WE DOING?

We're kneeling to join Christians everywhere as we pray for our nation as part of Thy Kingdom Come, an invitation to pray from Justin Welby (Archbishop of Canterbury).

## HOW TO GET INVOLVED

You can pray in groups or individually, kneeling however you want to and for as long as you are able.

## WHAT DO I PRAY FOR?

Overleaf you will find bulleted prayer points, following the structure of The Lord's Prayer. Feel free to use this as a guide.

We will close by holding our phone torches up together at dusk, as a symbol and prayer of God's light breaking into this land.

Prepare yourself by praying:  
*Come, Holy Spirit.*

## OUR FATHER IN HEAVEN, HALLOWED BE YOUR NAME.

- **God's name to be lifted up** // For people everywhere to see Jesus as Lord and Saviour and to worship him.
- **The Church** // For churches to be filled with the Holy Spirit and to love and serve their communities always pointing to Jesus.
- **For the Kingdom** // For God's Kingdom to come and his will to be done.

## GIVE US TODAY OUR DAILY BREAD. FORGIVE US OUR SINS AS WE FORGIVE THOSE WHO SIN AGAINST US.

- **God's provision and comfort** // For the vulnerable, isolated, bereaved and those in any kind of need.
- **Reconciliation and forgiveness** // For church unity. For the good news of Jesus to be shared bringing reconciliation and healing. For damaged relationships to be restored.

## LEAD US NOT INTO TEMPTATION BUT DELIVER US FROM EVIL.

- **Freedom found in Jesus** // Freedom from the things that hold us captive e.g. addiction, fear, negative thought patterns, lies. Freedom from pain, sorrow, brokenness & darkness. For people to know God's peace.

## FOR THE KINGDOM, THE POWER, AND THE GLORY ARE YOURS NOW AND FOREVER. AMEN.

- **The rule and reign of God** // For us to be full of faith that Jesus is the light that no darkness can extinguish.
- **The expansion of God's Kingdom** // Thankfulness for where we see God moving and prayer for where we are yet to see his Kingdom come.
- **The light of Jesus to shine** // For our lives and our churches to be beacons of light reflecting Jesus' light and glory.



STAND AND LIFT YOUR LIGHTS TO SYMBOLISE JESUS BEING  
THE LIGHT OF THE WORLD, WHO OVERCOMES THE DARKNESS.