Vineyard National Gathering



The Amazing Power of Coaching Conversations

JANUARY 2021



QUESTIONS TO HELP YOU HAVE POWERFUL Conversations with others

We would suggest taking an hour and using the outline below to help you journey with someone.

This is about helping us all to draw out the best in each-other. We know that we are all made by God with different gifts, passions and skills. The questions below are simply suggestions for us to encourage one another in using the tools of coaching.

Each one of us is a precious masterpiece created by God and there is unique gold in each of us! These questions will help us to start mining it! You do not need to be an expert or have any of the answers but come with an attitude of preferring someone else. This is a way of relating that is all about, for and focussed on another person. It's all focused on moving forward. It can be about the ordinary everyday issues we face and the big dreams too.

As you listen, be asking the Holy Spirit to help you choose two or three questions from each section below to ask. When you have asked one; wait and listen. Being heard is a powerful experience and can be crucial to making steps forward.

Focus on the person you are with and encourage them with a smile, or a 'yes' 'that's great' 'how wonderful' 'tell me more'. The gift of time and active listening is something we often don't give to one another. Remember this is not about giving advice or your input (even if you're itching to – try to be self-controlled and don't).

Your role is to help someone else explore the area or goal they choose, to listen and mine alongside the Holy Spirit for unique treasure (design, identity, call, creativity) that is in them!

START HERE

Pray for the person you are with. Pray with thankfulness for who they are and that you get to spend time with them today.

TRY ASKING A COUPLE OF THESE QUESTIONS:

- What are you celebrating?
- What is going well in your life right now?
- Where do you see God working?
- What is truly important to you?
- What would you like to process during our conversation today?

MOVE ON TO ONE OR TWO OF THESE (Keep the conversation open and wide)

- What are your hopes and dreams? (Be ready to be surprised as you hear what comes)
- Where and when do you feel most alive?
- If you could improve just one area of your life or ministry what would it be?
 Tell me more...
- What issues do you feel are most pressing right now?
 Onpack that a bit more...
- What priorities do you want to focus on in our conversation?

SPEND MOST OF YOUR CONVERSATION TIME HERE

Focusing on vision, values and goals. Then help the other person narrow down to the specifics of how they want to commit to moving forward.

- If God was to have his way how would your life or ministry be different 10 years from now?
 Onpack that more. What additional details can you describe?
- If you knew that you could not fail, what would you do for the glory of God and the growth of his Kingdom?
- What are the possible ways to get there?
- What are your possible next steps? (don't hurry this let possibilities and options come from the person you are with and encourage them to be creative in their thinking)

HELP THEM NARROW IT DOWN TO HELP THEM GET CLARITY FOR THEMSELVES (don't suggest or give your ideas - that would be mentoring and that's not what you're doing in this conversation. It is powerful when someone comes up with the way forward for themselves)

- What could you do? (leave time to explore this)
- What will you do?
- When will you do it? (help someone get really specific and detailed in their steps encourage them to record the steps, perhaps by writing them down)
- How do you need to change personally?
- How would you like to be held accountable?

TAKE THE CONVERSATION TO A PLACE THAT IS ALL ABOUT HELPING SOMEONE THINK THROUGH MOVING FORWARD WITH EVEN MORE CLARITY:

- Is there anything else you could need to help you take this/these steps?
- What/who could you need?
- What resources have other people recommended?
- How can I encourage you?

FINALLY

Pray briefly for the person you are with. Pray with encouragement about what has been said, about who the person is and the way they are going to step forward this week/month forward. Bless those concrete steps in your prayer and thank God for the joy of being together to walk with one another.

Arrange another time to have another powerful conversation (start with getting the person to review their steps from your last coaching conversation) and continue this journey!